

Bikini Model

The Bikini Category is aimed at women, who are keeping their body in shape by eating healthy and keeping fit. Muscular definition is not allowed, but body tone and a healthy overall physical appearance is essential. Balance of the upper and lower body is important and the face and hair will also be taken in to consideration.

ATTIRE

All two-piece suits must be in good taste

Any colour and/or pattern is allowed and will be the competitors own choice. Crystals or glitter is allowed

The bottom part of the bikini must be V-shaped and cover a decent part of the front at least 2/3 of the glutes. Thongs/ G-Strings are strictly prohibited

High heel shoes must be worn, but platform soles are not permitted. The color and style of the shoes will be the competitors own choice

Competitors may wear jeweler in good taste

TANNING

The athlete is expected to have a natural and healthy looking tan

Tan that comes off when wiped by a hand are strictly prohibited

Bikini Model will have two Rounds: Swimwear Round & Club Wear Round, and in both instances Bikini Models will be equally judged (50/50) on each of these rounds. No routines are required.

Bikini Models are to depict a picture of health to the general public however they must still have some athleticism about themselves. Models are not expected to be lean and defined though they must still have a toned body and good figure. Models are judged on their physical appearance, beauty, body shape and tone, presentation, confidence, cat walk, stage presence and marketability.

Bikini Model Classes:

The Bikini Model will be broken into the following classes:

- **Junior** (21 years and below on the day of the competition)
- **Open** (22 and above on the day of the competition)

All classes may be split further by height division subject to final competitor numbers.

Bikini Model Rounds

Catwalk

Models will be required to do an individual catwalk either as a T walk or Spotlight walk across the stage (type of walk will be determined based on the final competitor numbers) in each round. At a set point on stage model will take a moment to pose, do either a quarter or half turn and move either to the next set point on stage (if-T walk) and do the same or move to the rear of stage (if spotlight walk) and commence the formation of a line-up.

Once each competitor has performed their individual walk each line-up of competitors will be asked to move forward for the comparisons to occur.

For the comparisons competitors will walk on stage in a line-up and will be guided through 4 quarter turns.

Presentation

1. The entire line-up is brought onstage, in numerical order and in a single line.
2. In numerical order, and in groups of no more than five competitors at a time, each group will be directed to center-stage area to perform the four quarter turns.
4. This initial grouping of competitors, and performance of the quarter turns, is intended to assist the judges in determining which competitors will take part in the comparisons that follow.

In-house music will be provided for each round.

Round 1 - Bikini Round (Constitutes 50% of your total score).

A swimming costume must be worn, G-string underwear is not allowed.



You will be judged on your ability to display a total healthy body image, showing proportion and balance between upper and lower body parts and presentation. Beauty, appearance, poise, walk, posture, charisma, as well as your general impression and confidence will also be assessed and judged in this round.

NO ROUTINES ARE REQUIRED FOR THIS ROUND. Music will be provided by the organizers for your walk.

Round 2 - Themed Wear Round (Constitutes 50% of your total score)



Any Theme costume is acceptable although anything that is overly revealing or provocative will be marked down.

The Themed wear round provides a self-expression round where Bikini Models wear themed or fitness wear of their choice and is an opportunity for Bikini Models to display a side of their personality.

This self-expression round will be judged based on how you present your themed / fitness wear. Ensure the outfit is tasteful & complimentary to your body type. You will also be judged on all elements mentioned in Round 1 including, costume, presentation, grooming and poise.

NO ROUTINES ARE REQUIRED FOR THIS ROUND. Music will be provided.

Important Note for Bikini Models:

It is important that Females Fitness Models do not portray themselves on stage as anything less. Females are to ensure when standing on stage or performing their half turns to the front and rear of the stage that their feet remain together without excessive arching of the back. Provocative and sexual stances/facial expressions/gestures will be mark down.