

Male Fitness Model Categories

The Male Fitness Model Division comprises of two categories as follows:

- Male Fitness Model Open age 22 years old and above* (On the day of the competition)
- Male Fitness Model Junior 21 years old and below* (On the day of the competition).

Male Fitness Model Rounds and Judging Criteria:

The event will comprise of 3 rounds:

- **Male Beachwear round:**



Contestants will be asked to walk in their choice of swimwear across the stage. This can include board shorts, speedos. Thongs or G-Strings are not acceptable. No lewd acts will be allowed. Judges will be looking for the contestant with a lean, fit athletic physique and best stage presence who can successfully convey his personality to the audience. This is not a bodybuilding event so no posing or routines are required.

- **Sport Active Theme wear round:**



Contestants will be asked to walk on stage cat walk style displaying Sports, Active or any Theme and not just sport to allow for more creativity. Sport active wear is still acceptable. In all cases the outfit of choice must still allow judges to be able to assess the athlete's body and body shape.

- **Male Evening wear round:**



Contestants will be asked to walk onstage wearing their choice of evening/nightclub wear. Ensure your outfit is stylish, modern and has class and compliments your physique.

Each round will be judged on the following attributes and score percentages



- **Body shape and condition, overall looks (40%)**
Body Condition & Overall looks - 50% of Score Judges will be looking for fit, masculine contestants who display proper shape and symmetry combined with overall condition. Keep in mind this is not a bodybuilding contest, so extreme muscularity will be negatively scored. We will be looking for athletes who are cover model material, athletic with a lean sculptured look.
- **Marketability, cover appeal and stage presence (30%)**
Our expert panel will be looking for contestants who have great stage presence and a very marketable look for fitness modeling.
- **Apparel - Coordination, fit and proportion (30%)**
Our expert panel will be looking for contestants who best compliment the apparel they are modeling and therefore can suit almost any type of attire.